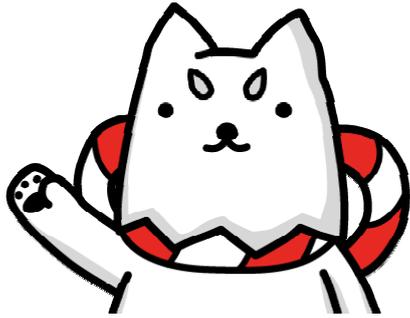


第1版



# ふるさといわた元気体操 実践テキスト



10th ANNIV.

IWATA CITY

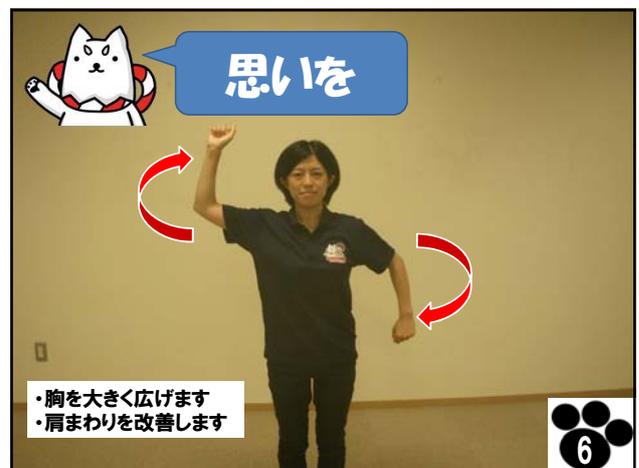
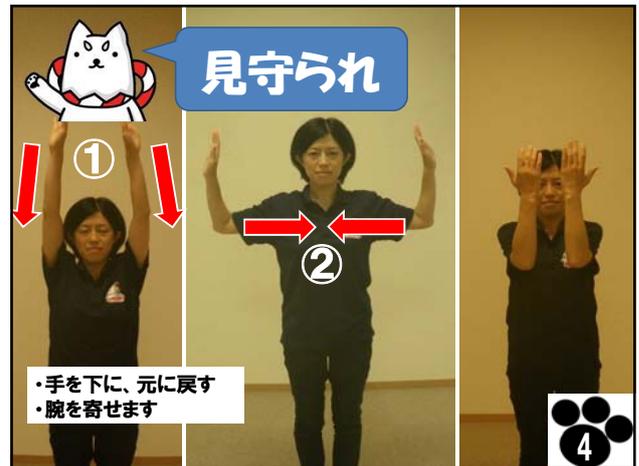
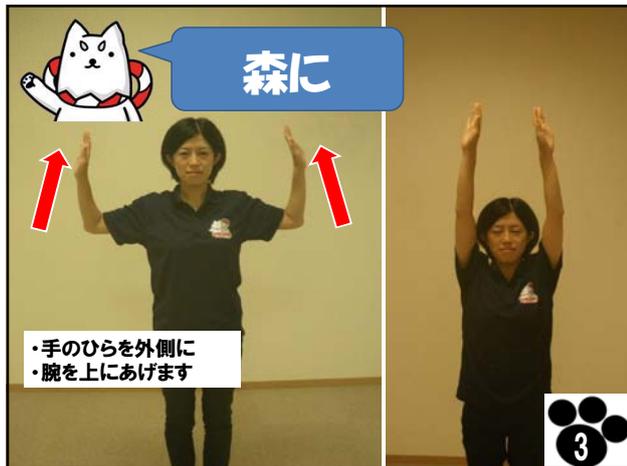
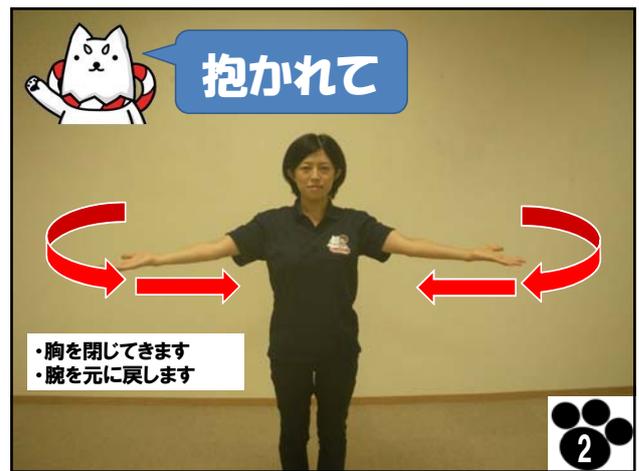
今までも、これからも  
ずっと磐田

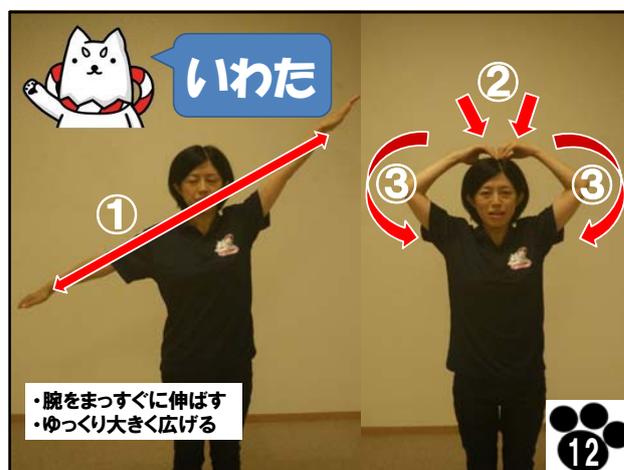
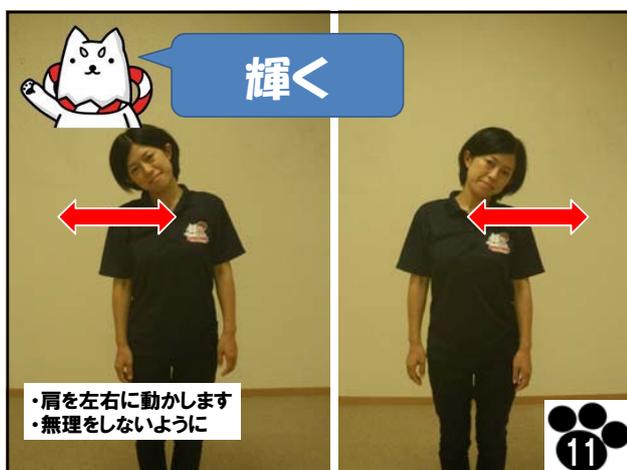
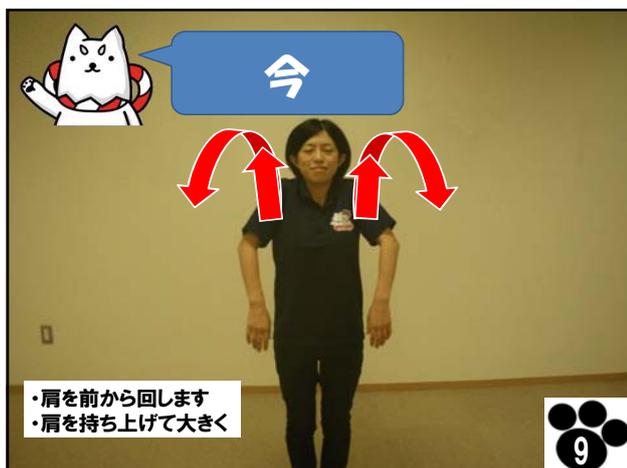
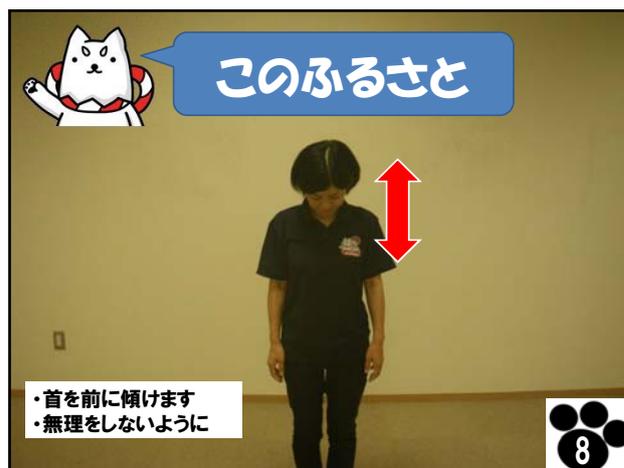
磐田市

市民活動推進課・広報広聴課

ふるさといわた  
元気体操

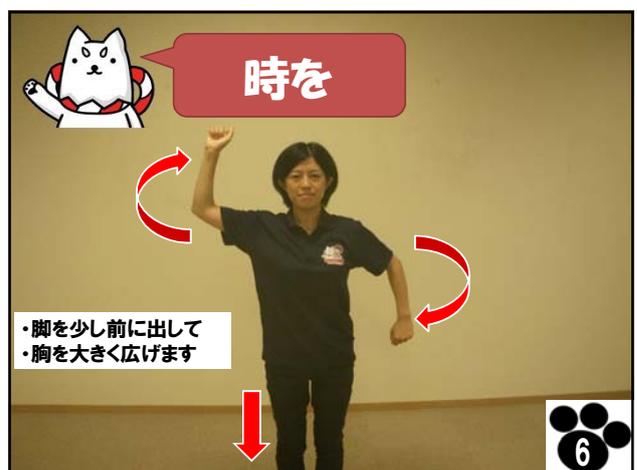
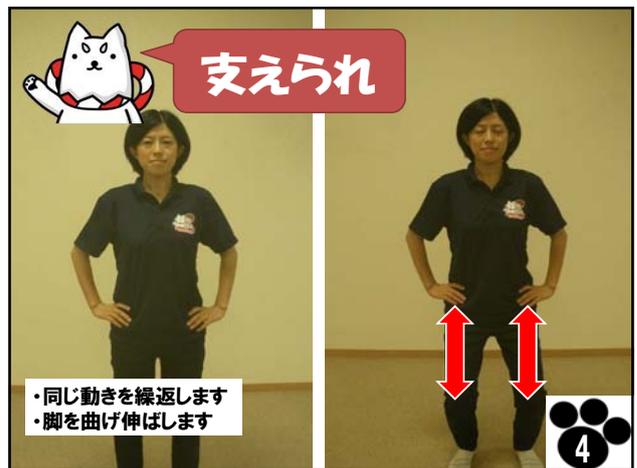
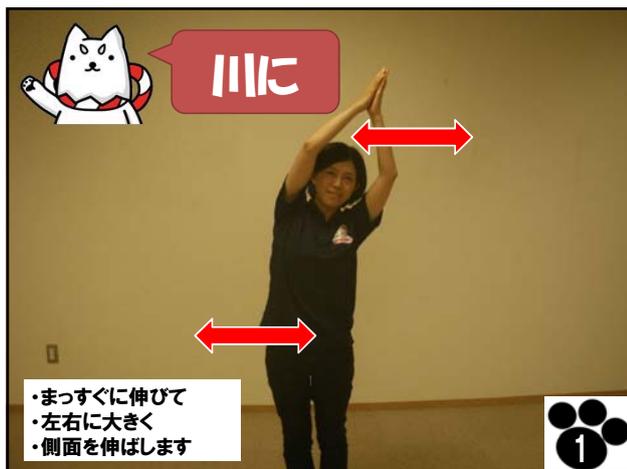
1番です！

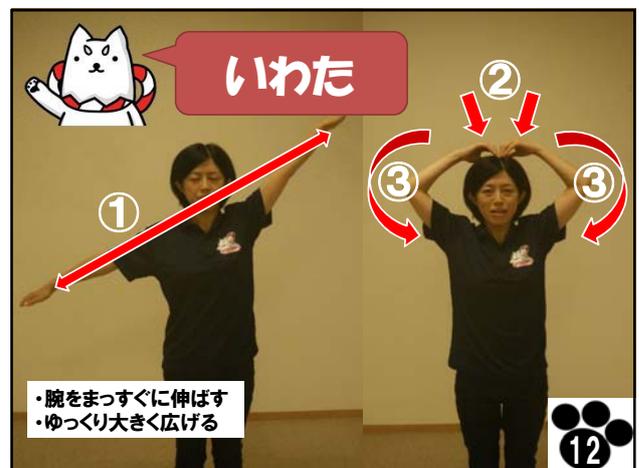
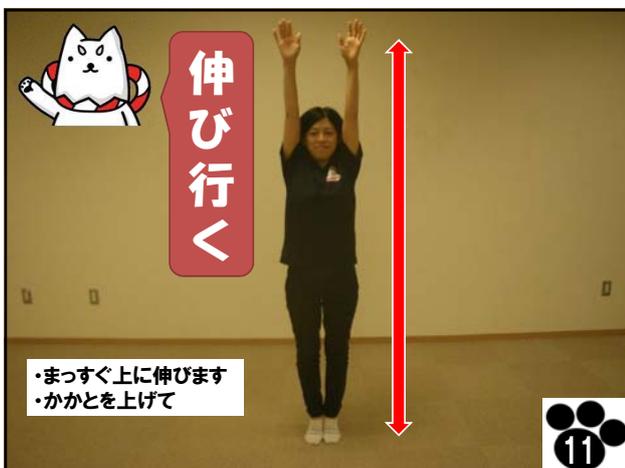
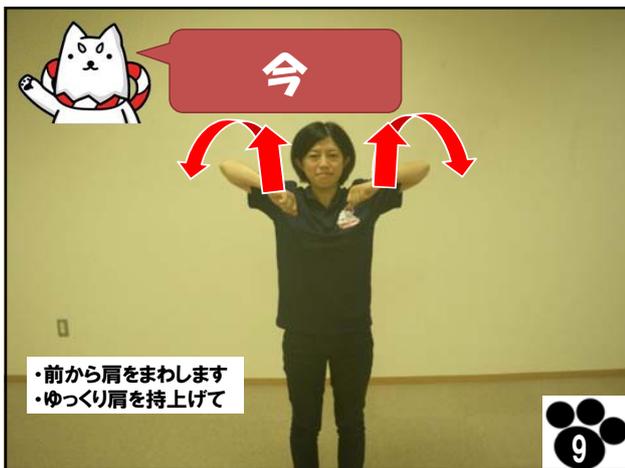
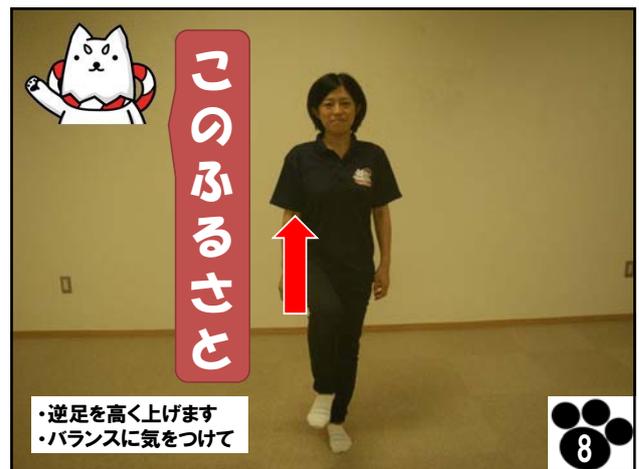




ふるさといわた  
元気体操

2番です！

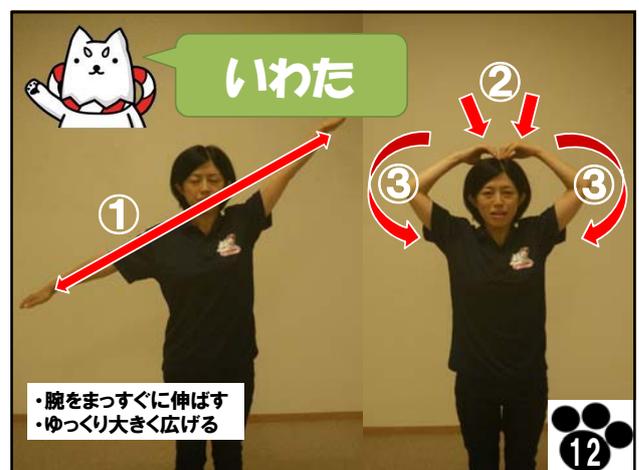
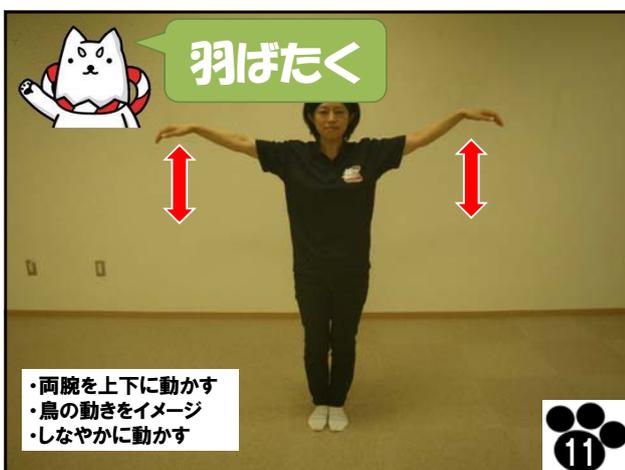
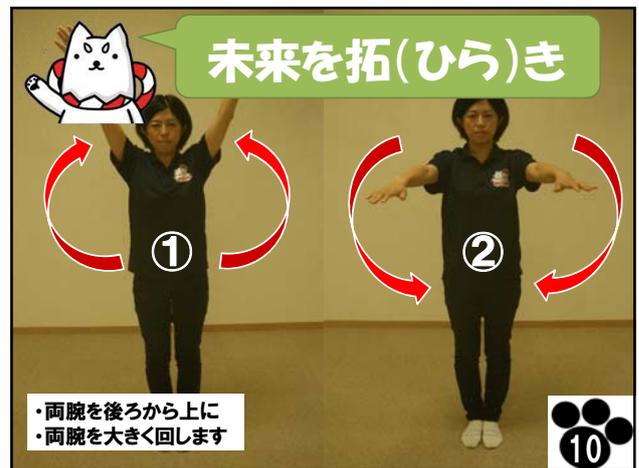
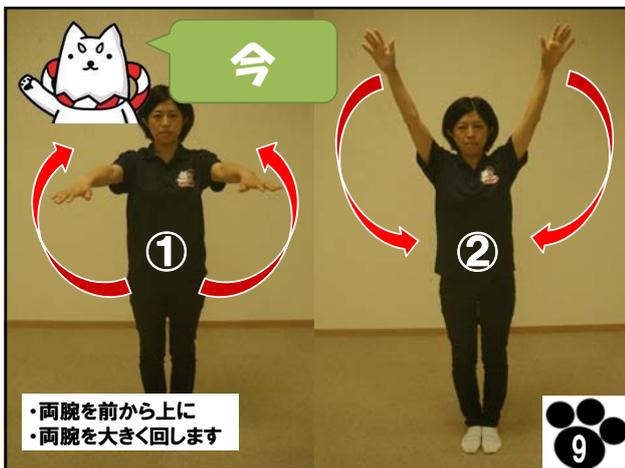




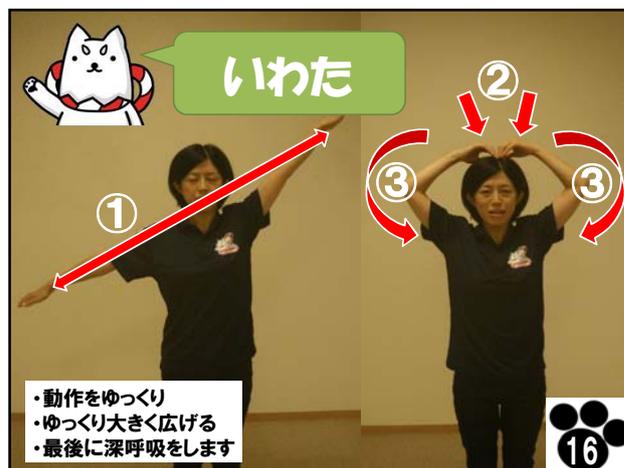
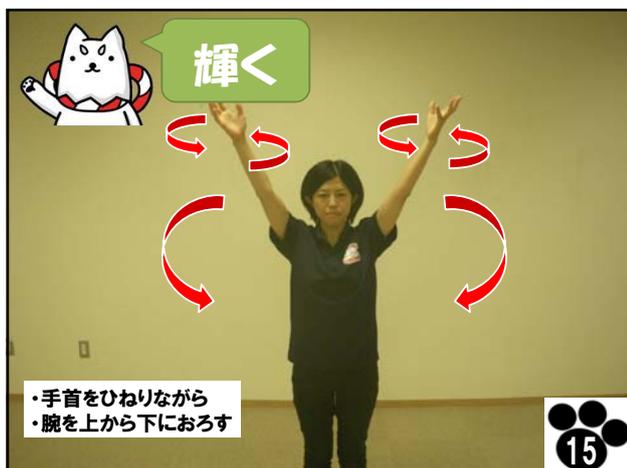
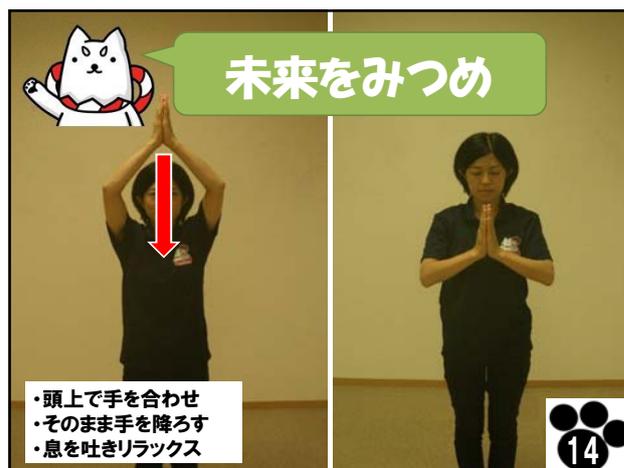
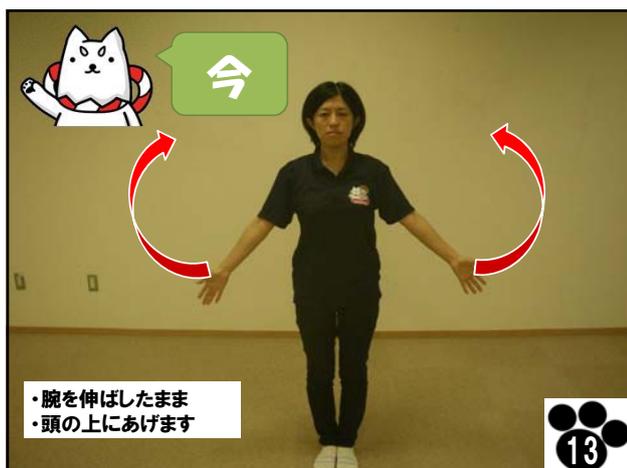
ふるさといわた  
元気体操

3番です！





# 最後のパートです！



## ふるさといわた元気体操 実践テキスト

〔第1版〕平成27年8月発行

製作 磐田市市民活動推進課・広報広聴課

協力 磐田市健康増進課

監修 天野敏之（市民活動推進課）